

PRODUCTS SUITABLE FOR INDIVIDUALS LIMITING THEIR INTAKE OF GLUTEN

The below list contains Lidl own brand products that are suitable for individuals limiting their intake of gluten. The products listed below contain ≤ 20 ppm (parts per million) of gluten or are made without gluten-containing ingredients and also have controls in place during production to minimise the risk of contamination with gluten-containing ingredients. This information should only be used as a guide. Whilst we take every care to ensure product information is correct, food products are subject to change due to reformulation throughout the year. For this reason we encourage our customers to always refer to the ingredients list and allergen information on pack for all food products to ensure it suits their dietary requirements.

Please note products are subject to availability and may not be available in all stores.
Should you have any concerns or queries regarding Coeliac Disease we encourage you to contact The Coeliac Society of Ireland.

Dated: 11/05/2021

Product	Barcode / EAN
Baby Foods & Drinks	
Organic Tray Meals-Chicken & Risotto	4056489000419
Organic Carrot Sticks	20889180
Organic Baby Food-Chicken Casserole	4056489000389
Organic Baby Food-Beef Casserole	4056489000396
Organic Baby Fruit & Veg Pouches- Apple, Carrot & Parsnip	20998981
Organic Baby Fruit & Veg Pouches-Sweet Potato, Pumpkin, Apple & Blueberries	20998998
Organic Baby Fruit & Veg Pouches-Butternut Squash, Apple, Carrot & Prunes	20999001
Organic Baby Fruit Pouches Stage 1-Apples & Strawberry	20998950
Organic Baby Fruit Pouches Stage 1-Banana & Apple	20998967
Organic Baby Fruit Pouches Stage 1-Banana & Peach	20998974
Org Baby Breakfast Pouch Ph2-Banana, Blueberries & Rice	20999056
Organic Yogurt and Forest Fruits	20880910
Organic Apple Peach and Banana	20880880
Organic Potatoes w. Carrot & Chicken	20995652
Infant Apple & Blackcurrant Juice Og	20835996
Infant Apple Organic Juice Og	20836009
Baking Ingredients	
Cocoa Powder	20068110
Natural Extracts Vanilla	20511975
Yeast	20358228
Mini Mallows	20244323
Biscuits	
Gluten Free Digestives	40874203
Gluten Free Chocolate Digestives	40874210
Gluten Free Luxury Cookies-Ginger	40874227
Gluten Free Luxury Cookies-Chocolate	40874234
Gluten Free Luxury Cookies-White Chocolate	40874197
Gluten Free Luxury Cookies-Triple Chocolate	40874241
Cakes & Desserts	
Gluten Free Cakes -Madeira	20629090
6 Original & Strawberry Rice Pudding	20954130
6 Apple & Raspberry Rice Pudding	20954123
Light Mousse Dessert with Milk Chocolate	4056489029212
French Crème Dessert with Caramel Sauce	20020545
Creamed Rice Pudding	20397418
Light Rice Pudding	20397425
Cereals	
Gluten Free Porridge Oats	20629182

Seeds for Cereal-Milled Linseed with Sunflower, Pumpkin, Chia Seeds & Goji Berries	20439231
Seeds for Cereal-Milled Linseed with Sesame, Cranberry & Blueberry	20439224
Confectionary	
Sugar Free Chewing Gum-Strong Mint	20189433
Sugar Free Chewing Gum-White	20189440
Single Origin Chocolate-Madagascar Dark Chocolate	20261375
Single Origin Chocolate-Peru Dark Chocolate	20261368
Single Origin Chocolate-Grenada Dark Chocolate	20261351
Premium Dark Chocolate 60%-Amazon	20000233
Way to go Chocolate Milk	4056489156178
Way to go Chocolate Dark	4056489156185
Way to go Salted Caramel Pecan & Coconut-Dark	4056489156192
Premium Chocolate- Vanilla	20261306
Mint Premium Dark Chocolate	20691974
Dark Chocolate Pistachio Bar	20691981
Chocolate Raspberry 70%	20177201
Premium Dark Chocolate 70%-Caramel	20177218
Chocolate orange 56%	20936600
Milk Chocolate 32%	20261399
Premium Dark Choc-Sea Salt	20691998
Turkish Delight Bar	20718275
Mint Cream Bar	20718275
After Dinner Mint Thins	20706852
Chocolate Coated Raisins	20952518
Chocolate Coated Peanuts	20952525
Giant Chocolate Buttons-White Chocolate	20362195
Giant Chocolate Buttons-Milk Chocolate	20387921
Surprise Chocolate Eggs	20563769
Yellow Split Peas	20446987
Coated Peanuts-Chilli	20215743
Butter Toffee	20209094
Toffee Selection	20644666
Chocolate Toffees	40878065
Butterscotch Sweets	20288532
Soft Chewy Sweets-Fruit Flavour	20649852
Soft Chewy Sweets-Mint Flavour	20649845
Chewy Fruit Flavour Sweets	20138028
Tinned Sweets-Cola & Lemon	20384197
Tinned Sweets-Cherry	20078676
Tinned Sweets-Lemon	20006044
Tinned Sweets-Mixed Fruit	20078683
Tiny Tasties Dragees-Orange	20673116
Tiny Tasties Dragees-Mint	20673109
Mint Humbugs	4056489046981
Marshmallows	20564087
Wine Gums	20714437
Apple Rings	20708184
Peach Rings	20708191
Magic Mouse	20724108
Happy Bears	20708153
Sour Bears	20708177
Mega Bears	20708160
Sweet Strawberries	20724092
Cola Jellies	20724085
Sour Worms	20708207
Vegetarian Henry Hippo Jellies	4056489219880
Kids Mini Sweets Mix-Milk Bottles	4056489111276
Kids Mini Sweets Mix-Banana & Shrimps	4056489107736

Cider

Irish Apple Cider 5.3%	20583415
Irish Pear Cider 4.5%	20583439
Irish Apple Cider 5.3% 2L	20583422
Mixed Fruit Cider 4%	4056489100812
Swedish Strawberry & Lime Cider 4%	4056489100805
Elderflower & Lime Cider 4%	4056489100829

Cheese

Fresh soft Goats Cheese - Plain	40873954
Fresh soft Goats Cheese - Garlic	40873962
Classic Mozzarella	20002268
Light Mozzarella	20097776
Italian Mozzarella	20240547
Mini Mozzarella	20098988
Mini Mozzarella Light	20677107
Classic French Camembert	20024666
Light & Creamy Gorgonzola DOP Dolce	20053468
Sharp & Spicy Gorgonzola DOP Picante	20053475
Brie Wedge 60%	20024727
Brie Wedge Yoghurt	20292034
Tangy & Sharp Roquefort Cheese	20929862
Rich & Silky Brie de Meaux Cheese	20929879
Greek Feta Cheese	20262969
Greek Style Salad Cheese	20898717
Wensleydale Cheese with Cranberries	20152499
Onion & Chives Double Gloucester Cheese	20152505
Oak Smoked Cheddar Cheese	20263607
Hot 'n' Spicy Cheddar Cheese	20954055
White Stilton with Apricots	40892993
Cheddar with Caramelised Onion	20320553
Wensleydale Cheese with Cranberries	40892986
Double Gloucester with Onion	40893006
Grana Padano 16 month matured	20531867
10 Month Matured Premium Vintage Gouda	40873947
Rich & Nutty Manchego Cheese	40873930
Reserve Gruyere Cheese	40873923
Irish Mild White Cheddar	20225025
Irish Mild Red Cheddar	20515553
Irish Medium Mature Cheddar Red	4056489173687
Irish Medium Cheddar	4056489173694
Irish Lighter Mature Red Cheese	4056489173847
Irish Mature Cheddar	4056489173700
Irish Vintage Cheddar with Chives	20312893
Irish Mature Red Cheddar	4056489173717
Irish Extra Mature Cheddar	4056489173724
Irish Vintage Cheddar	20515638
Irish Medium Red Cheddar Slice	4056489199007
Irish Mature Red Cheddar Slice	4056489220794
Irish Mature Red Cheddar	4056489199014
Cheese Portions Natural	20024949
Cheese Portions Light	20206079
Cheezy Singles	4056489147770
Cheezy Singles Light	4056489147787

Dairy & Non-Dairy Alternatives

Soya Drink -Sweetened	20917821
Soya Drink-Unsweetened	20917383
Unsweetened Soya Milk	20917838
Low Fat Vanilla Flavoured Custard Pots	20959487
Soya Yogurt-Blueberry	4056489029939
Soya Yogurt- Vanilla	4056489029922

Creamy Fruit Multipack 10%-Strawberry	4056489148951
Creamy Fruit Multipack 10%-Passionfruit	4056489148968
Fat Free Skyr Peach & Passion Fruit Drink	20831965
Fat Free Skyr Orange & Vanilla Fruit Drink	20851989
Fat Free Skyr Blueberry Fruit Drink	20851972
Fat Free Skyr Strawberry & Pomegranate Fruit Drink	20851958
Original Probiotic Yogurt Drinks	20692407
L.Casei Strawberry Yogurt Drink	20692414
L.Casei Multi Yogurt Drink	40899411
Yoghurt Drink Chol.L Nature	20707774
Low Cal Strawberry Yogurt Drink	20707781
Chocolate Flavour 1% Fat Milk	20175917
Strawberry Flavour 1% Fat Milk	20175894
Fruit King- Strawberry, Apricot, Raspberry	20968182
Fruity Duo Strawberry & Banana Fromage Frais	20548285
Fruity Duo Raspberry & Vanilla Fromage Frais	20696368
Fromage Frais with Raspberry, Apricot & Strawberry	20703042
Fruit King To Go Strawberry	20368104
Fruit King To Go Raspberry	20936341
Strawberry, Apricot & Raspberry Fromage Frais Fruit Tubes	20711078
Fat Free Raspberry Quark Yogurt	20979478
Fat Free Strawberry Quark Yogurt	20987459
Fat Free Peach & Passionfruit Quark Yogurt	20987435
Fat Free Vanilla Quark Yogurt	20987442
4 Fat Free Greek Style Lemon Yogurts	20635565
4 Fat Free Greek Style Coconut & Vanilla Yogurts	20635541
4 Fat Free Greek Style Strawberry Yogurts	20635558
Probiotic Strawberry Yogurt	20954062
Probiotic Peach Yogurt	20954079
Probiotic Rhubarb Yogurt	20954086
Probiotic Cherry Yogurt	20954093
Fruit Pulp Yogurt 1.8%-Smooth Fruits & Berries Yogurts	20025960
Fat Free Yogurt 0%-Mixed Fruit	20047696
Strawberry Yogurt	4056489251699
Raspberry Yogurt	4056489251705
Irish 0% Fruit Yogurt-Mango & Passion	4056489251712
Vanilla Yogurt	20134334
Strawberry Yogurt	20134341
Raspberry Yogurt	20134365
Low Fat Strawberry Yogurt	20002060
Low Fat Forest Fruits Yogurt	20039394
Low Fat Forest Apricot Yogurt	20039417
Low Fat Peach & Passion Fruit Yogurt	20039400
Creamy Raspberry Yogurt	20155650
Creamy Strawberry Yogurt	20100872
Creamy Peach & Passionfruit Yogurt	20155643
Creamy Fruit Yogurt-Cherry	20155667
Fat Free Strawberry Yogurt	4056489148784
Fat Free Raspberry Yogurt	4056489148791
Fat Free Smooth Toffee Yogurt	4056489148869
Greek Style Yogurt-Honey	20903404
Greek Style Yogurt-Coconut	20903237
Fruit Greek Yoghurt Blueberry	4056489175667
Fruit Greek Yoghurt Strawberry	4056489175674
Vegan Dairy Free Blueberry Coconut Pots	20066826
Vegan Dairy Free Mango Coconut Pots	20066802
Vegan Dairy Free Strawberry Pots	20066765
Irish Premium Rhubarb Yogurt	20273309
Irish Premium Lemon Yogurt	20352530
Irish Premium Vanilla Yogurt	20352554
Irish Premium Strawberry Yogurt	20273293

Irish Premium Toffee Yogurt	20273316
Irish Premium Blueberry Yogurt	20352547
Irish Premium Yogurt Vanilla	5390053003383
Lime & Mandarin Yogurt	20961732
Raspberry & Passion Fruit Yogurt	20961749
Caramel Yogurt	20961756
Blueberry & Blackcurrant Yogurt	20961763
Gourmet Live Yogurt Strawberry	20396336
Gourmet Live Yogurt Mango	20396350
Gourmet Live Yogurt Fudge	20396367
Gourmet Live Yogurt Passion Fruit	20396374
Gourmet Live Yogurt Raspberry	20396398
Skyr Strawberry Yogurt	20692247
Skyr Raspberry Yogurt	20692254
Skyr Blueberry Yogurt	20692261
Skyr Vanilla Yogurt	20692278
Organic Strawberry Yogurt	23610996
Irish Strawberry Yogurt	4056489251637
Creamery Irish Raspberry Yogurt	4056489251644
Creamery Irish Peach & Strawberry Yogurt	4056489251668
Creamery Irish Forest Fruits Yogurt	4056489251651
Strawberry Greek Style Yogurt	20367336
Bio Strawberry Yogurt	20144319
Bio Cherry Yogurt	20144326
Bio Peach & Passion Fruit Yogurt	20144333
Bio Apple & Pear Yogurt	20144340
Layered Yogurt Strawberry	20273323
Layered Yogurt Rhubarb	20273330
Peach & Passion Fruit Flavoured Yogurt Drink	20085391
Strawberry & Banana Flavoured Yogurt Drink	20085384
Skyr to go Vanilla	40874999
Skyr to go Strawberry	40875002
Skyr to go Blueberry	40875019

Drinks-Non Alcoholic

Juice Drink Pouches-Apple	20924881
Juice Drink Pouches-Blackcurrant	20924898
Juice Drink Pouches-Orange	20924874
Kids Smoothie Strawberry Blackberry & Raspberry	20515256
Super Smoothie - Uplift	40893969
Super Smoothie - Defence	20888404
Super Smoothie - Antioxidant	20803926
Supper Smoothie-Energy	20803933
Smoothie Strawberry & Banana	20834494
Smoothie Orange Mango	20834500
Family Smoothie-Red	4056489028642
Family Smoothie-Yellow	4056489028659

Fats & Oils

Dipping Oil-Truffle	20518868
Dipping Oil-Olive & Balsamic	20520199
Dipping Oil-Chilli	20520205
Dipping Oil-Garlic	20520212
Garlic Infused Irish Rapeseed Oil	20687229
Garden Herbs Infused Irish Rapeseed Oil	20687243
Cold Pressed Rapeseed Oil	20047108

Fish Products

Cod with Ginger Chili & Lime	20172596
Tuna Steaks w. Garlic, Pepper & Chili	20583675
Salmon Darnes Garlic and Pepper	20172251

Cod Fillets with Wild Garlic & Pepper	20515317
Salmon Darnes w. Sweet Chilli	20548025
Sardines in Tomato Sauce	20046248
MSC Herring Fillets in a Tomato Sauce	20101688
MSC Herring Fillets in a Tomato & Bell Pepper Sauce	20101701
MSC Herring Fillets in a Pepper Sauce	20101749
MSC Herring Fillets in an Egg & Mustard Sauce	20101725
MSC Kippers in Tomato Sauce	20009441
Tuna Salad Mexican Style	20617387
Tuna Salad with Rice	20619480

Gluten Free Breads & Rolls

Sliced Gluten Free Bread-White Bread	20818661
Sliced Gluten Free Bread-Multiseed Bread	20818692
Part Baked Gluten Free Rolls-White	20899110
Part Baked Gluten Free Rolls-Rustic	20899127
Part Baked Gluten Free Rolls-Multiseed	20899134
Gluten Free Multigrain Pan	20629120

Herbs, Spices & Seasoning Mixes

Easy Ingredients-Garlic	20676483
Easy Ingredients-Chillies	20676490
Easy Ingredients-Ginger	20676506

Ice Cream & Frozen Treats

16 Chocolate Sticks	20001278
Classic Ice Chocolate Vanilla	20134105
White Vanilla Ice Cream	20454128
Ice Cream Pint Bricks-Raspberry	20547899
Ice Cream Pint Bricks-Vanilla	20547905
Raspberry Ripple	20687762
Vanilla Ice Cream Tub	20687755
Honeycomb Ice Cream Tub	20547912
Mint Choc Chip Ice Cream Tub	20547929
Vanilla Flavour Ice Cream	20017279
American Style Ice Cream	20396176
Mini Mix Ice Almond	20066581
Fruit Splits	20000271
Space Runners Ice Cream	20212933
Raspberry Hazelnut Roulade	20833510
Toffee Roulade	20833527
Belgian Chocolate Roulade	4056489058571

Meal Accompaniments

Potato Salad	20926229
Smooth Potato Salad	20926267
Coleslaw-Reduced Fat	20925307
Coleslaw-Regular	20925291
Coleslaw	4056489250890
Potato Salad	4056489250906
Deli Style Coleslaw	20833299
Family Sized Deli Style Coleslaw	4056489058953
Chipotle Coleslaw	4056489251040
Cheese Coleslaw	4056489251033
Vegan Coleslaw	4056489251026
Tuna & Sweetcorn Sandwich Filler	20926212
Egg Mayonnaise Sandwich Filler-Regular	4056489250913
Egg Mayonnaise Sandwich Filler-Reduced Fat	4056489250920
Chicken Tikka Sandwich Filler	20926533
Chicken & Bacon Sandwich Fillers	4056489250852
Houmous	20843427

Fat Reduced Houmous	20843434
Red Pepper Houmous	20843441
Caramelised Onion Houmous	4056489240785
Moroccan Style Houmous	20073473
Feta & Caramelised Onion Topped Houmous	20176259
Topped Houmous with Pepper	20176242
Topped Houmous with Pesto	20176266
Classic Houmous Trio	20072643
Fresh Chunky Guacamole	4056489045885
Fresh Jalapeno Guacamole	4056489198345
Fresh Chunky Guacamole	4056489198338
Fresh Jalapeno Guacamole	40564890458892
Beetroot & Carrot Salad	20629472
Mixed Bean & Mint Salad	20629489
Italian Style Salad	20796082
Baby Leaf Spinach	20174309
Rocket Leaves	20310448
Watercress Spinach Rocket Salad	20583057
Sandwich Lettuce	20835620
Baby Leaf Salad	20386047
Crunchy Salad Mix	20386030
Garden Salad Bowl	20423605
Family Salad Bowl	4056489250814
Feta Stuffed Peppers Antipasti	20758943
Greek Feta Salad Antipasti	20758950
Sunkissed Tomatoes Antipasti	20758967
Basil Pesto	20416256
Pesto Genovese	20425555
Pesto Rosso	20425562
Olives Cheese	20326586
Olives Spicy	20326593
Olives Garlic	20326609
Green Olive	20807641
Green Pitted Olives	20443375
Pitted Black Olives	20878979
Kalamata Olives	20654382
Stuffed Green Olives-Pimiento (Pepper)	40889221
Stuffed Green Olives-Garlic	40889207
Brussels Pate	20837648
Reduced Fat Brussels Pate	20837631
Ardennes Pate	20837624
Baked Beans in Tomato Sauce	20475604
Baked Beans in Tomato Sauce	20927455
Sundried Tomatoes in Oil	20199876
Plain Poppadom's	20608118

Meat Products

Gluten Free Pudding- White	20171988
Gluten Free Pudding-Black	20172084
Gluten Free Pork Sausages 70%	4056489057406
Tikka Chicken	20688639
Roast Chicken	20688622
Chicken Fillet Breast Slices	20758882
Louisiana BBQ Glazed Turkey Slices	4056489057475
Buffalo Flavoured Glazed Turkey Slices	4056489057482
Frankfurters	20015145
Mini Bockwurst	20149567
Bockwurst	20012946
Chicken Frankfurters	40897837
Authentic Spanish Spicy Chorizo	20797249
Authentic Spanish Mild Chorizo	20797232

Smoked Salami	20437022
Wafer Thin Chilli Salami	20092818
Wafer Thin Classic Salami	20092825
Selection Mortadella Bologna PGI with Pistachios	20568825
Selection Salami Milano Slices	20096809
Selection Salami Spinata Romana	20096816
Mild Pepperoni	20785857
Spicy Pepperoni	20443450
Slices Chorizo	4056489044109
Selection Classic Air Dried Salami	20974855
Selection Walnut Air Dried Salami	20974879
Selection Brie Air Dried Salami	20974862
Unsmoked Back Rashers	20629632
Smoked Back Rashers	20629649
Irish Unsmoked Rindless Back Bacon	20029876
Irish Smoked Rindless Back Bacon	20017620
Reduced Salt Unsmoked Irish Back Bacon Rashers	20461447
Reduced Salt Smoked Irish Back Bacon Rashers	20461454
Reduced Fat Smoked Irish Bacon Medallions	20687915
Reduced Fat Unsmoked Irish Bacon Medallions	20687908
Smoked Irish Medallions	20050115
Unsmoked Irish Streaky Bacon	20253202
Smoked Irish Streaky Bacon	20253219
American Style Smoked Streaky Bacon Rashers	20168018
American Style Unsmoked streaky bacon rashers	20168049
Applewood Smoked Irish Streaky Bacon Rashers	20168063
Unsmoked Irish Streaky Bacon Rashers	20168056
Smoked Turkey Rashers	20168216
Unsmoked Turkey Rashers	20168148
Unsmoked Turkey Lardons	4056489057680
Antipasti Platter with Parma Ham	20491598
Black Forest Smoked Ham	20083847
Serrano Ham	20087487
Prosciutto Ham	20126599
Parma Ham	20622930
Italian prosciutto	20214708
Thick Cut Honey Cure Irish Rashers	20167912
Thick Cut Maple Cure Irish Rashers	20167929
Wafer Thin Cooked Turkey Breast Slices	20030162
Wafer Thin Cooked Ham Slices	20030179
Wafer Thin Roast Chicken Breast Slices	20048402
Maple Syrup Chicken Breast	20283940
Chicken Breast with Herbs	20126582
Roast Chicken Breast Slices	20069148
Wafer Thin Smoked Turkey Breast	20088484
Wafer Thin Smoked Chicken Breast Slices	20055813
Chicken Wings-Mild	20140960
Chicken Wings-Hot	20055820
Barbecue Roast Chicken Wings	20433390
Hot & Spicy Roast Chicken Wings	20433376
Cooked Turkey Slices	20687847
Cooked Chicken Slices	20687854
Irish Roast Chicken Breast	20926946
Roasted Turkey Breast Slices	4056489057499
Cooked Irish Ham	20629267
Honey Roast Irish Ham Slices	20834159
Smoked Irish Ham Slices	20834159
Irish Traditional Carved Ham	20546717
Deli Style Irish Ham	20630256
Deli Style Smoked Ham	20630263
Deli Style Cooked Ham (Twin Pack)	20926830

Deli Style Wafer Thin Ham	20583484
Glazed & Grilled American Style Chipotle Shaved Ham	4056489250982
Glazed & Grilled American Style Cajun Shaved Ham	4056489250999
Flame & Smoke Ham	20926847
Wafer Thin Ham Slices	20834166
Cooked Ham Trimmings	20688165
Cooked Ham	20629250
Honey Roast Ham Slices	20629236
Cooked Ham Slices	20063511
Cooked Smoked Ham	4056489038351
Roast Ham	20398972
Premium Traditional Ham IE	2207883002239
Carved Roast Beef	20583316
Irish Carved Topside Beef	20927004
Sliced Corned Beef	20213978
Sage & Onion Chicken Breast Pieces	4056489057451
Ginger, Chilli & Lime Chicken Breast Pieces	4056489057468
Deli Turkey Slice	4056489057512
Classic Air Dried Salami	20013431
Spicy Smoked Salami	20080556
Kabanossi	20858551
Fresh Turkey Breast Mince	20688233
Irish Chicken Chasseur	20583668
Med. Style Chicken Breast Fillets	20547271
Part Bone Chicken Breast Hot Spicy	20629038
Chicken Stir Fry Oriental	20168858
Smokey Texan Drumsticks	20835798
Quick Cook Chicken Fillets-Thai Style Glaze	4056489251309
Quick Cook Chicken Fillets-Chinese Style Glaze	4056489251316
Chicken Thigh Kebabs-Chipotle	4056489251323
Duck Breast with Garlic & Pepper	5099459760035
Confit Duck Legs	20582999
Irish Pork Mince 15%	20687656
Irish Pork Stir Fry	20687663
BBQ Meaty Pork Ribs	20174163
Glazed Pork Loin Steaks-Hot & Spicy	20146474
Glazed Pork Shoulder Steaks-Chinese Style Glaze	20836160
Mince Beef 18%	20168285
Irish Beef Mince 12%	20926465
Irish Beef Steak Mince 8%	4056489059110
Irish Beef Lean Steak Mince 5%	20547639
Irish Beef Lean Steak Mince 5%	20168339
Irish Beef Lean Round Mince 4%	20168322
Irish Beef Lean Round Mince 4%	20336516
Irish Organic Beef Steak Mince	20234232
Irish Hereford Lean Steak Mince 5%	4056489059110
Irish Angus Steak Mince 5%	4056489251958
2 Irish Peppered Sirloin Steaks 28D	20628918
Irish Sirloin Steak with Peppercorn Butter 28D	20168254
Irish Sirloin Steak with Garlic Butter 28D	20171889
2 Dry Aged I Angus Rib Steak Burger	4056489251132
2Ultimate Angus Burgers Wrapped in	4056489251101
2Ultimate Angus Burgers with Gherkins & Mustard	4056489251125
12 IE Beef Meatballs Italian Style	4056489059172
12 Irish Beef Cheesy Meatballs	40564890059189
BBQ Sizzle Steaks Kansas	20167967
BBQ Sizzle Steaks Spicy Sriracha	4056489251156
BBQ Sizzle Steaks Texas	20167950
BBQ Sizzle Steaks Smokey	4056489251149
Irish Quick Cook Premium Beef Burger	20167943
Meatballs in Tomato Sauce w Cheese	4056489059196

2 Irish Hereford Cheddar Cheese & Onion Beef Burg	20483913
2 Irish Angus Beef Burgers	4056489251057
Irish Angus Beef Meatballs	4056489252474
Irish Lamb Mince 15%	20169800
Pasta, Noodles & Rice	
Gluten Free Pasta-Penne	20401108
Gluten Free Pasta-Spaghetti	20284251
Gluten Free Pasta-Fusilli	20284244
Savoury Rice-Golden Vegetable	20380908
Preserves, Nut Butters & Spreads	
Chocolate Hazelnut Spread	4056489143888
Chocolate Duo Spread	4056489143895
Peanut Butter-Crunchy	20675530
Peanut Butter-Smooth	20675547
Whole Nut Peanut Butter-Smooth	20978082
Whole Nut Peanut Butter-Crunchy	20978075
Ready Meals	
Creamy Potato & Leek Soup	20687274
Carrot Soup and Chopped Coriander	20867267
Cream of Chicken Soup	20687250
Wholesome Vegetable Soup	20403775
Creamy Tomato & Basil Soup	20403782
Cream of Tomato Soup	20018443
Sauces & Dressings	
Indian Sauces-Tikka	20015824
Indian Sauces-Korma	20015831
Peppercorn Sachets	20925284
Thai Pastes-Green Curry	20015886
Thai Pastes-Red Curry	20015916
Country Tomato Relish	20312961
Jalapeno Pepper Relish	20312978
Sweetcorn Relish	20686956
Chargrilled Red Pepper Relish	20686963
American Mustard	20216030
French Mustard-Dijon Mustard	20201838
French Mustard-Wholegrain Mustard	20201845
Wholegrain Mustard	20104412
Tartare Sauce	4056489113140
Horseradish Sauce	4056489113157
Sweet Chili Sauce	20170196
Seafood Sauce	20472849
Sweet Chilli Sauce	4056489240228
Salad Dressing-Caesar Dressing	20471859
Salad Dressing-Thousand Islands Dressing	20471880
Salad Dressing-Honey & Mustard Dressing	20006532
Salad Dressing-House Dressing	20006525
Salad Dressing-Light Honey & Mustard Dressing	20006532
Salad Dressing-Fat Free Vinaigrette Dressing	4056489239635
Premium Salad Dressing-Balsamic	20889937
Premium Salad Dressing-Caesar	20889944
Premium Salad Dressing-French Vinaigrette	20006549
Premium Salad Dressing-French Dressing	20889951
Balsamic Vinegar-Balsamic di Modena I.G.P	20008895
White Wine Vinegar-Buanco	20087579
Red Wine Vinegar-Rosso	20087586
Distilled Vinegar	4056489239680
Aceto Balsamic Superiore	20148508

Apple Cider Vinegar 5%	4056489089728
Speciality Vinegar-Cider	4056489239697
Speciality Vinegar-Red Wine	4056489239703
Speciality Vinegar-White Wine	4056489239710
Burger Dip Sauce Squeeze	20563110
Mild Salsa Dip	20845315
Hot Salsa Dip	20845322
Sour Cream & Chive Dip	20845339
Squeezy Medium Spice Salsa Sauce	20889296
Squeezy Guacamole	20889289
Squeezy Soured Cream Topping	20889272
Curry Sauce	20546694
Tomato Ketchup	4056489306085
Tomato Ketchup Light	20422424
BBQ Sauce	20803742
Mayonnaise 77% Fat	20032661
Real Mayonnaise 78%	20430696
Real Light Extra Light Mayonnaise	20430719
Chilli Mayonnaise	20846442
Garlic Mayonnaise	20846459
Mustard Mayonnaise	20846459
Premium Chilli & Garlic Tomato Pasta Sauce	20833848
Premium Red Wine, Garlic & Herbs Bolognese Pasta Sauce	20833824
Premium Basil & Garlic Tomato Pasta Sauce	20833831
Creamy Tomato Pasta Bake Sauce	20429683
Tomato & Bacon Pasta Bake Sauce	20511128
Red Lasagne Sauce	20015879
White Lasagne Sauce	20015862

Snacks

Microwaveable Popcorn-Salted	20042431
Popcorn-Toffee	20238865
Popcorn-Salted	20311520
Popcorn-Sweet & Salted	20449667
Small Popcorn-Sweet	20140090
Small Popcorn-Sweet & Salty	20140175
Reduced Fat Crinkle Cut Crisps-Cheese & Onion	20361655
Reduced Fat Crinkle Cut Crisps-Multi Pack	20719371
6 Pack Crisps: Salt & Vinegar	20213992
6 Pack Crisps: Ready Salted	20214043
6 Pack Crisps: Cheese & Onion	20214050
Hand Cooked Crisps-Light Salt	20106126
Hand Cooked Crisps-Sea Salt	20106225
Ridge Cut Crisps-Sea Salted	20913892
Skin-On Hand Cooked Crisps-Texas Style BBQ	20453947
Skin-On Hand Cooked Crisps-Ham & Dijon Mustard	20070335
Skin-On Hand Cooked Crisps-Bacon & Maple	20070311
Salted Popcorn Multipack	4056489128410
Mature Cheddar & Red Onion Crisps	20453930
Cheese Puffs	20376666
Bacon Rashers	20376642
Cheese Puffs	20510176
Tortilla Chips-Cool Original	20952198
Tortilla Chips-Chilli Heatwave	20952181
Tortilla Chips-Tangy Cheese	20952204
Tortilla Chips Salted	20952174
Premium Tortilla Chips-Sour Cream & Mexican Lime	20113612
Premium Tortilla Chips-Habanero Chilli & Orange Blossom Honey	20113575
Gluten Free Tortilla Chips-Salt & Lime	40898360
Gluten Free Tortilla Chips-Lightly Salted	40898353
Gluten Free Tortilla Chips-Chorizo	40898377

Howdy Doodys-Multi Pack	20396572
Peanuts-Chilli	20412203
Peanuts-Honey	20412197
Popchips-Barbecue	20802394
Popchips-Salt & Vinegar	20113964
Popchips-Sour Cream & Onion	20802370
Raw Fruit & Nut Bar-Cacao Orange	20114459
Raw Fruit & Nut Bar-Cashew Crush	20114466
Raw Fruit & Nut Bar-Bakewell Tart	20114473
Raw Fruit & Nut Bars Multipack -Cacao & Orange	4056489239918
Raw Fruit & Nut Bars Multipack-Cashew Cookie	4056489239925
Raw Fruit & Nut Bars Multipack-Bakewell Tart	4056489239932
Fruit & Nut Cereal Bars-Dark Salted Chocolate	20916893
Fruit & Nut Cereal Bars-Dark Chocolate Peanut Butter	20916909
Fruit & Nut Cereal Bars-Almond & Coconut	20916916
Fruit & Nut Cereal Bars-Cashew & Cherry	20916923
Gluten Free Corn Cakes-Sea Salt	20629052
Gluten Free Wholegrain Rice Cakes	20629045
Gluten Free Coated Rice Cakes-Dark Chocolate	20629076
Gluten Free Coated Rice Cakes-Yogurt	20629083
Gluten Free Coated Rice Cakes-Milk Chocolate	20629069

Vegetables, Potatoes & Fruit (Fresh & Frozen)

Chopped Tomatoes with Basil	20198060
Chopped Tomatoes with Herbs	20198077
Chopped Tomatoes with Onion & Garlic	20198084
Chopped Tomatoes Arrabbiata	20198091
Frozen Mixed Berries & Cherries	4056489123514
Frozen Strawberries	4056489123538
Frozen Fruit with Raspberries	20130626
Frozen Fruit with Mango	20809560
Frozen Fruit with Pineapple	40895130
Smoothies-Yellow	20884154
Smoothies-Red	20884161
Smoothies-Green	40881881
Frozen Fruit-Blackberries	40891163
Frozen Fruit-Sour Cherries	40891170
Frozen Fruit Blueberries	20130602
Steak Cut Chips	20991388
Frying Chips	20008512
Oven Chips Straight Cut	20991371
Patatas Bravas	20573683
Potato Lattices	4056489181590
Sweet Potato Fries	20918712
Sweet Potato Wedges	4056489090151
Hash Brown	20047917
Potato Waffles	20009472
Triple cooked Beef dripping Chips	4056489035213
Broccoli Mix	20625504
Peas	4056489007852
Very Fine Green Beans/Frozen Broccoli	4334035277035
Very Fine Green Beans	20630423
Frozen Broccoli	20757113
Garden Peas	20039103
Petit Pois	4056489008088
Super sweet Sweetcorn	20235328
Mixed Vegetables	20625511
Stir Fry Vegetables	20068189
Stir Fry Vegetables	20068172
Stir Fry Vegetables	20068196
Chopped Vegetables	40899947

Chopped Vegetables
Sliced Onions

40899930
40899923